



August/September Breakfast Menu 2019

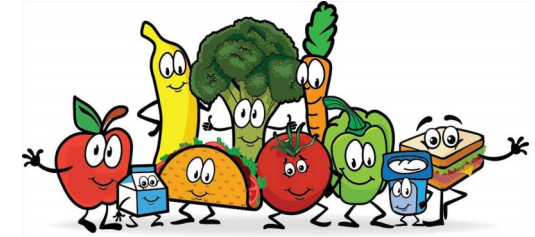
I  SCHOOL BREAKFAST



Mon	Tue	Wed	Thu	Fri	Sat
		28 Honey nut cheerios Fruit Juice Milk	29 Chocolate muffin Fruit Juice Milk	No School	
No School	3 Alpha bits cereal Fruit Juice Milk	4 Triple berry bar Fruit Juice Milk	5 Blueberry muffin Fruit Juice Milk	6 Choc frosted flakes Fruit Juice Milk	
9 Honey graham cereal Fruit Juice Milk	10 Cherry /apple bar Fruit Juice Milk	11 Kix cereal Fruit Juice milk	12 Apple/cinn. muffin Fruit Juice Milk	13 Choc.oatmeal bar Fruit Juice Milk	
16 Goldfish Cheese stick Fruit/Juice Milk	17 Marshmallow mateys Fruit Juice Milk	18 Cheerios Fruit Juice Milk	19 Mini pancakes Fruit Juice Milk	20 Trix cereal Fruit Juice Milk	
23 Cocopuff cereal Fruit Juice Milk	24 Yogurt Fruit Juice Milk	25 Strawberry mini wheats Fruit Juice Milk	26 Banana muffin Fruit Juice Milk	27 Fruity Cheerios Fruit Juice Milk	Mon. Sept 30th Apple oatmeal bar Fruit Juice Milk

August/September Lunch Menu 2019

All lunches are served with choice of 1% white milk or fat free chocolate



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			28 Hamburger Corn Fresh fruit bar Salad bar	29 Mini corn dogs Baked beans Fresh fruit bar Salad bar	No School	
	Labor Day No School	3 Hot dog on a bun Baked beans Chips Fresh fruit bar Salad bar	4 Chicken pattie Seasoned rice Green beans Fruit/Salad bar	5 Spaghetti Corn Fresh fruit bar Salad bar	6 Turkey/cheese wrap Sandwich cookie Fresh Fruit bar Salad bar	
	9 Chicken Nuggets Mashed Pot. Buttered Bread Fruit/Salad bar	10 Taco in a boat Black beans Fresh fruit bar Salad bar	11 Mac and cheese P butter sandwich Fresh fruit bar Salad bar	12 Cheese pizza Carrots Fresh fruit bar Salad bar	13 Mini corn dogs Baked beans Chips Fruit/salad bar	
	16 Grilled cheese Tomato soup Fresh fruit bar Salad bar	17 Tatertot Hotdish Green beans Fresh fruit bar Salad bar	18 BBQ Chicken sand. Corn Fresh Fruit bar Salad bar	19 Italian Dunkers Cheese bread Green beans Fruit/Salad bar	20 Sloppy jo Tri tator Fresh fruit bar Salad bar	
23 SS Taco Corn Fresh Fruit bar Salad bar	24 Ham & Cheese sub Chips Fresh fruit bar Salad bar	25 Chix noodle hotdish Broccoli Fresh Fruit bar Salad bar	26 Turkey Roast Mashed pot/gravy Fresh Fruit bar Salad bar	27 Pepperoni pizza Green beans Frozen Fruit Bar Fruit/Salad bar	Mon. Sept 30th Cheese burger Tritator Fresh fruit bar Salad bar	