

December

Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast

Chimichanga

(WG)

Fruit &
Veggie

1.

Ham
& Turkey

(WG)

Fruit & Veggie

2.

Pepperoni
Pizza (WG)

Fruit &
Veggie

3.

Popcorn
Chicken

(WG)

Fruit & Veggie

4.

Cheese
Omelette

(WG)

Fruit & Veggie

5.

French Toast

(WG)

Sausage
Fruit & Veggie

8

Beef & Cheese
Nachos

(WG)

Fruit & Veggie

9.

Hamburgers

(WG)

Fruit &
Veggie

10.

Corn Dogs

Nuggets (WG)

Fruit &
Veggie

11.

Mac & Cheese
(WG)

Fruit &
Veggie

12.

Goulash

(WG)

Fruit &
Veggie

15.

Breakfast
Bagels

(WG)

Fruit & Veggie

16.

Hot Dog

(WG)

Fruit &
Veggie

17.

Chicken
Pattie

(WG)

Fruit & Veggie

18.

Cheese
Pizza (WG)

Fruit &
Veggie

19.



1. Yogurt & Granola

2. Granola, Fruit

3. Muffin, Fruit

4. Granola, Fruit

5. Cereal Bar, Fruit

8. Granola, Fruit

9. Grahams, Fruit

10. Muffin, Fruit

11. Cereal Bar, Fruit

12. Granola, Fruit

15. Granola, Fruit

16. Cereal Bar, Fruit

17. Muffin, Fruit

18. Grahams, Fruit

19. Granola, Fruit

Aftercare Snack

1. Goldfish, Fruit

2. Popcorn, Fruit

3. Yogurt, Fruit

4. Crackers, Fruit

5. Sun Chips, Fruit

8. Chex Mix, Fruit

9. Cereal Bar, Fruit

10. Crackers, Fruit

11. Popcorn, Fruit

12. Grahams, Fruit

15. Chex Mix, Fruit

16. Yogurt, Fruit

17. Goldfish, Fruit

18. Crackers, Fruit

19. Sun Chips, Fruit



(Student's Favorite Lunches Month!)