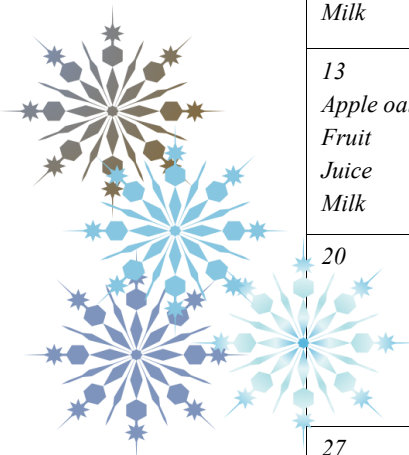


DMCS January 2020 Breakfast & Lunch Menu



Mon	Tue	Wed	Thu	Fri
6 Goldfish Cheese stick Fruit/Juice Milk	7 Choc.oatmeal bar Fruit Juice Milk	8 Honey nut cheerios Fruit Juice Milk	9 Frosted flakes Fruit Juice Milk	10 Marshmallow mateys Fruit Juice milk
13 Apple oatmeal bar Fruit Juice Milk	14 Alpha bits cereal Fruit Juice Milk	15 Gogurt Fruit Juice Milk	16 Coco puffs cereal Fruit Juice Milk	17 Choc frosted flakes Fruit Juice Milk
20	21 Cinn twist cereal Fruit Juice Milk	22 Chocolate mini wheats Fruit Juice Milk	23 Goldfish Cheese stick Fruit/Juice Milk	24 Tootie Fruities Fruit Juice Milk
27 Honey graham cereal Fruit Juice Milk	28 Choc mini wheats Fruit Juice Milk	29 Kix Cereal Fruit Juice Milk	30 Granola bar Fruit Juice Milk	31 Animal crackers Fruit Juice Milk



Mon	Tue	Wed	Thu	Fri
6 Mac and cheese Pbutter sand. Fruit bar Salad bar	7 Chicken pattie Seasoned rice Green beans Fruit/Salad bar	8 Spaghetti Garlic bread Broccoli Salad bar/fruit bar	9 Chicken Nuggets Mashed Potatoes Buttered Bread Salad bar	10 Cheese pizza Carrots Fruit bar Salad bar
13 Grilled cheese Tomato soup Ice cream sand Salad bar/fruit bar	14 Hot dog Baked beans Chips Fruit/salad bar	15 Tatertot hotdish Buttered bread Green beans Fruit/salad bar	16 Italian dunkers Corn Fruit bar Salad bar	17 Hamburger on a bun Chips Birthday cake Fruit/salad bar
20 No school	21 Taco in a boat Spanish rice Fresh fruit bar Salad bar	22 Mini corn dogs Baked beans Chips Salad bar/fruit bar	23 Chicken noodle soup Turkey sand Fresh fruit bar Salad bar	24 Pepperoni pizza Corn Fresh fruit bar Salad bar
27 Ham & cheese sub Chips Fruit bar Salad bar	28 SS Taco Spanish rice Fruit bar Salad bar	29 Sloppy Jo Baked Beans Chips Fruit/Salad bar	30 Chix noodle hotdish Buttered bread Peas Fruit/salad bar	31 CSW Fieldtrips

All lunches are served with choice of 1% white milk or fat free chocolate

