


November



Monday	Tuesday	Wednesday	Thursday	Friday
				Fish Sticks Bread (WG) Fruit & Veggie 1.
Beef Chimichanga Rice (WG) Fruit & Veggies 4.	Loaded Tator Tots Bread (WG) Veggie & Fruit 5.	Chicken Nuggets Bread (WG) Veggie & Fruit 6.	Sub Sandwiches (WG) Fruit & Veggies 7.	Cheese Pizza (WG) Fruit & Veggies 8.
Corn Dogs (WG) Baked Beans Fruit 11.	Hamburgers (WG) Potatoes Fruit 12.	Tator Tot Hotdish Bread (WG) Veggie & Fruit 13.	Teriyaki Chicken Crisp Noodles (WG) Veggie & Fruit 14.	No School 15.
French Toast (WG) Sausage Fruit & Veggie 18.	Chicken Pattie (WG) Fruit & Veggie 19.	Vegetable Soup Bread (WG) Fruit 20.	Hot Dog (WG) Veggies & Fruit 21.	Cheese Quesadilla (WG) Veggie & Fruit 22.
Goulash Bread (WG) Veggie & Fruit 25.	Turkey Mashed Potatoes Bread (WG) Fruit 26.	No School	 No School	No School

Breakfast!

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|------------------------|------------------------|
| 1. Muffin, Fruit | 14. Goldfish, Fruit |
| 4. Granola Bar, Fruit | 18. Muffin, Fruit |
| 5. Goldfish, Fruit | 19. Granola Bar, Fruit |
| 6. Muffin, Fruit | 20. Muffin, Fruit |
| 7. Grahams, Fruit | 21. Grahams, Fruit |
| 8. Granola Bar, Fruit | 22. Goldfish, Fruit |
| 11. Pop Tart, Fruit | 25. Pop Tart, Fruit |
| 12. Granola Bar, Fruit | 26. Granola Bar, Fruit |
| 13. Muffin, Fruit | |

Aftercare Snack!

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| 1. Cereal Bar, Milk | 14. Goldfish, Fruit |
| 4. Sun Chips, Juice | 18. Cereal Bar, Milk |
| 5. Granola, Milk | 19. Granola Bar, Juice |
| 6. Goldfish, Juice | 20. Goldfish, Milk |
| 7. Cereal Bar, Milk | 21. Cereal Bar, Mik |
| 8. Goldfish, Juice | 22. Granola Bar, Milk |
| 11. Goldfish, Juice | 25. Goldfish, Juice |
| 12. Cereal Bar, Juice | 26. Cereal Bar, Milk |
| 13. Granola Bar, Juice | |

