

OCTOBER 2024

ALL LUNCHES ARE SERVED WITH FRUITS & VEGGIES!

BREAKFAST

- 1-Goldfish, Fruit
- 2-Granola Bar, Fruit
- 3-Muffin, Fruit
- 4-Granola Bar, Fruit
- 7-Granola Bar, Fruit
- 8-Muffin, Fruit
- 9-Graham Crackers, Fruit
- 10-Goldfish, Fruit
- 11-Granola Bar, Fruit
- 14-Goldfish, Fruit
- 15-Granola Bar, Fruit
- 21-Granola Bar, Fruit
- 22-Muffin, Fruit
- 23-Goldfish, Fruit
- 24-Graham Crackers, Fruit
- 25-Goldfish, Fruit
- 28-Granola Bar, Fruit
- 29-Goldfish, Fruit
- 30-Muffin, Fruit
- 31-Granola Bar, Fruit



MON

Corn Dog Nuggets (WG)

Chicken Hotdish (WG)

Beefy Nachos (WG)

Chili Bread (WG)

28

TUE

Chicken & Wild Rice Soup (WG)

Sesame Chicken (WG)

Pizza Burger (WG) 15

Ham & Cheese **Sandwiches** 22 (WG Bread)

Shredded Pork Sandwiches (WG) 29

WED

French Toast (WG) Sausage

Hamburgers (WG Bun)

NO SCHOOL!

MEA Break

Chicken **Patties** 23 (WG Bun)

Beef Rice Bake (WG)

30

THU

Chicken Nuggets 3 Bread (WG)

Soft Shell Taco (WG)

NO SCHOOL!

MEA Break

Pizza (WG)

24

31

Frankenfurters (WG) Hallowbeanies Chips!

FRI

Peanut Butter & Jelly Sandwich (WG)

Spaghetti (WG Noodles)

11 Cheese Stick

NO SCHOOL!

MEA Break

Macaroni & Cheese (WG 25 Noddles)



