



November 2022 Menu

	Tue	Wed	Thu	Fri
	1 Apple Bar	2 Blueberry muffin	3 Frosted Flakes	4 Tootie Fruities
7 Goldfish Cheese stick Fruit/	8 Cinn toast crunch Fruit	9 Trix cereal bar Fruit	10 Honey nut o's Fruit	11 Lucky charms Fruit
14 Cocoa krispies Fruit	15 Granola bar Fruit	16 Choc muffin Fruit	17 Cheerios Fruit	18 Giant goldfish Fruit
21 Golden grahams Fruit	22 Choc oatmeal bar Fruit	MONDAY 28 Animal crackers Fruit	TUESDAY 29 Pudding Fruit	WEDNESDAY 30 Gogurt Fruit

Milk or Juice are offered with Breakfast - Milk is offered with Lunch

Mon	Tue	Wed	Thu	Fri
	1 Spaghetti Garlic bread Broccoli Fruit	2 Mini corn dogs Baked beans Chips Fruit	3 BBQ pork sand French fries Fruit	4 Ham and Ch Sub Carrots Apple chips
7 Baked Ziti Fruit Bread Veggie	8 Chicken tenders Mashed Pot Fruit Pudding	9 SS Taco Spanish Rice Broccoli Fruit	10 Sloppy jo Corn Fruit Chips	11 Pizza Carrots Apple Cookie
World Famous Chicken Hotdish Green beans Fruit Bread	15 Turkey Sub Carrots Apple Cookie	16 Chicken nuggets Corn Fruit Bread	17 Mac and cheese Green beans Fruit Jello	18 Hot dog Baked beans Chips Fruit
21 Chicken Pattie Seasoned Rice Green beans Fruit	22 Italian Dunkers Mixed veggies Fruit cookie	MONDAY 28 French toast Sausage Fruit Rice K bar	TUESDAY 29 Tatertot hotdish Green beans Bread Fruit	WEDNESDAY 30 Cheeseburger Corn Fruit cookie

